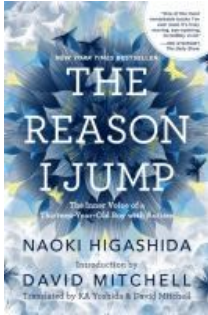


# Disabilities book list

Stories from people with disabilities and positive representations of disabilities in fiction.

(Click on the title or book cover to be directed to the catalog record for the item so you can place your hold.)

## Personal experiences

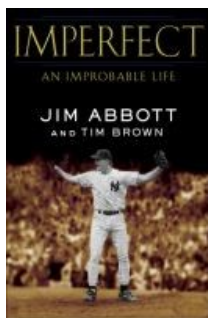
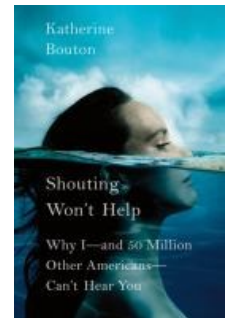


### [The reason I jump](#) by Naoki Higashida

With wisdom well beyond his years the nonverbal Japanese 13-year old shares what it's like to be autistic and live in a world that is not always understanding of people like him. Higashida answers common questions people have about autistic behaviors and thought processes. Highly recommended for anyone who wants to better understand what their loved ones or others in their community are going through. **BELMONT/Adult 616.85 HIG**

### [Shouting won't help](#) by Katherine Bouton

The former senior editor for the New York Times started losing her hearing in her thirties and went completely deaf in her fifties. In her memoir she explains what it's like to deal with this invisible disability in a world designed for those without hearing loss, and the stress it has put on her relationships, both personal and professional. Along with her own experiences Bouton delves into the science behind hearing loss, the hope for a cure, and the lack of health insurance coverage for assistive technology such as hearing aids and cochlear implants. **BELMONT/Adult 617.8 BOU**

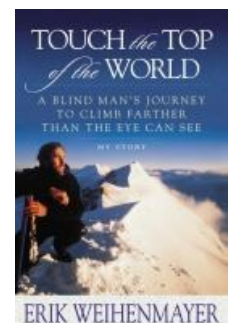


### [Imperfect](#) by Jim Abbott

Jim Abbott excelled in two sports in high school, was a star pitcher at the University of Michigan, won an Olympic gold medal, and pitched a no-hitter for the Yankees and all without a right hand. Abbott shares how he has embraced his status as a role model for children with disabilities and their families, even at the end of his career when he was bouncing around the minor leagues hoping for one more shot at the majors. **BELMONT/Adult 796.357 ABBOTT, J./ABB**

### [Touch the top of the world](#) by Erik Weihenmayer

In this memoir released the year he became the first blind person to reach the summit of Mount Everest, Weihenmayer tells his story of being an adventure sport athlete despite losing his sight as a teenager. Refusing to accept the limitations often thrust on people with disabilities, Weihenmayer is an avid skydiver, mountain climber, endurance cyclist, and marathon runner. His story will inspire disabled and able bodied people alike as he pushes the message that the only limitations you have are the ones you put on yourself. **BELMONT/ADULT 796.552 WEIHENMAYER, E./WEI**



## Positive representation in fiction

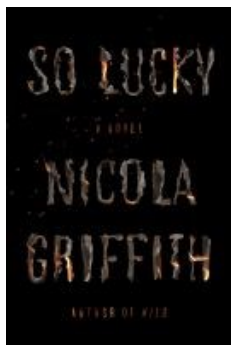
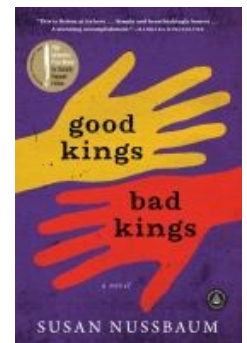


### [Left neglected](#) by Lisa Genova

Sarah Nickerson's life was filled to the brim trying to find time for her high powered career, three children, and a husband who also worked long hours, but that all came to stand still when injuries from a car accident trigger "left neglect" in her brain, a rare disorder that causes the brain to ignore what her senses take in on the left side. Sarah narrates as she deals with the reemergence of her absentee mother in her life, her son's struggle with his ADD diagnosis, and her new reality where she can't even brush her own teeth without help. **BELMONT/Adult FIC GEN**

### [Good kings bad kings](#) by Susan Nussbaum

The 2012 PEN/Bellwether Prize for Socially Engaged Fiction winner follows some of the staff and teenage residents of a Chicago facility for children with disabilities. While each character in this multi-perspective first person novel has his/her own baggage, it is slowly revealed that those issues pale in comparison to the negligence and poor treatment of the residents by the company that owns the facility. Nussbaum tells a great coming of age story, that also explores the lives of people often forgotten about by society. **BELMONT/Adult FIC NUS**

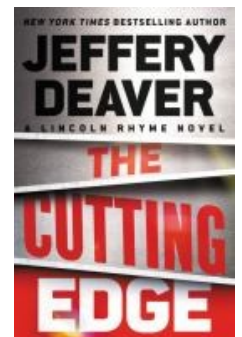


### [So lucky](#) by Nicola Griffith

In a short timespan Mara Tagarelli gets divorced, loses her job, and is diagnosed with relapsing-remitting MS. Mara soon becomes tired of being treated like a victim by her friends and family, and of how the medical services offered are often are not the ones she and people in similar situations need. In this semi-autobiographical novel Griffith, an MS sufferer herself, takes a hard look at how our society treats people with disabilities from medical professionals who talk down to them, to loved ones who struggle to look beyond their condition. **BELMONT/Adult FIC GRI**

### [The cutting edge](#) by Jeffery Deaver

In Deaver's latest Lincoln Rhyme novel, the quadriplegic criminalist and his team are hunting a serial killer who is targeting the engaged couples of New York. There was a witness who escaped the killer's last crime scene, but the witness is proving just as elusive to Lincoln's team as the killer. This is the fourteenth entry in the Lincoln Rhyme series, which started with The bone collector. **BELMONT/Adult MYS DEA**



For even more examples of positive representation of people with disabilities search #criplit.